TIANN'S

BREAKFAST

0830 - 1030 Weekday 0830 - 1000 Weekend

Everything gluten free Everything sugar conscious

We hand make everything from scratch with the best ingredients we can get. We use Wagyu beef from grass-grazing cows in New Zealand, free-range eggs from chooks in New Zealand, natural pork and barn-raised chickens with no hormone and antibiotic injections. Our smoked salmon is from Loch Fvne in Scotland. We handsqueeze our almond milk and use ceremonial grade organic matcha powder for our green tea lattes. We also hand cut our fries from Russet potatoes, make our ketchup from Italian tomatoes and ferment our gochuiang in the traditional method with chilli powder air-flown from South Korea. Yes, we really put in a lot of time and love in our creations. In our kitchen, we do not use wheat, gluten-containing grains, peanuts, corn, hydrogenated vegetable oils. We use a lot of tree nuts, seafood and derivatives, so those with severe allergies please proceed with caution. Always let us know of your allergies/intolerances! Thank you!

DF: Dairy free | DFO: DF option available upon request V: Vegan | VO: V option available upon request KF: Keto friendly | KFO: KF option available upon request PF: Paleo friendly | PFO: PF option available upon request EF: Egg free | EFO: EF option available upon request

Kava butter toast 7.5

Housemade kaya from organic pandan leaves and gula Melaka, \underline{w} French butter on our housemade Farmer's loaf

Bacon & egg (DFO, PFO) 17.5 Speciality scrambled eggs, smoked bacon, housemade ketchup, on our Farmer's loaf

Sweet waffles w fruits 24

Fresh fruits on our sweet waffle, cinnamon sugar, organic maple syrup, French butter, home-grown mint

Morning goodness (KFO, DFO) 17.5 Speciality scrambled eggs with house made toast, house made jams, A.O.P French butter. Choice of toast: Farmer's loaf or Paleo toast

EXTRAS

Mashed avocado w roasted pumpkin seeds +4
Scottish smoked salmon +9.5
Sausage w Italian tomato sauce +8
Goat's feta w extra virgin olive oil +6
Garlic shiitake +6
Fried egg +4.5 ea
Scrambled eggs +6.8
Bacon +4.5

Signature TIANN'S waffles (DFO) 24.5 Our signature and guest's favourite waffles; made of a secret mix of almond, chia seeds, eggs, rice, served <u>w</u> one or two of the following toppings:

- Specialty scrambled eggs, house made sun-dried tomato paste
- Scottish smoked salmon, mash avocado, dill yoghurt
- Mozzarella, house made pesto, house made sun-dried tomato paste
- Organic maple syrup and French butter

Sausages & Eggs (KF, DFO) 28 Speciality scrambled eggs, natural pork Farmer's sausages, house made Italian passata, leafy greens, tomatoes w PALEO toast + 2

DRINKS

Apple raspberry 9
Apple beetroot ginger 9
Iced honey latte 9
Chocolate Hot 8/ Iced 10
Honey lemon Hot 9/ Iced 9.5
Strawberry spritz 13
Mango Passionfruit spritz 13
Estrella GF 500ml 15/18